

Table 1. Demographic characteristics of the study population	
Age (years)	65.2 ± 1.5
Gender (male/female)	102/108
Education (years)	12.5 ± 1.2
Marital status (married/divorced/widowed)	150/30/20
Occupation (retired/working)	150/30
Income (€ per month)	1,200 ± 200
Comorbidities (hypertension/diabetes/cholesterol)	120/80/60
Medication (antidepressants/antipsychotics)	100/50
Alcohol consumption (yes/no)	30/170
Smoking status (smoker/non-smoker)	40/160
Family history (depression/schizophrenia)	20/10
Previous psychiatric hospitalization (yes/no)	30/170
Current psychiatric treatment (yes/no)	30/170
Duration of illness (years)	10.5 ± 2.5
Onset of illness (age at onset)	55.0 ± 2.0
Duration of current episode (months)	12.0 ± 3.0
Number of previous episodes	2.5 ± 1.5
Current episode severity (mild/moderate/severe)	10/50/110
Current episode duration (weeks)	10.0 ± 2.0
Current episode symptoms (depression/schizophrenia)	100/30
Current episode treatment (antidepressants/antipsychotics)	100/30
Current episode outcome (recovery/no recovery)	10/20
Current episode relapse (yes/no)	10/10
Current episode hospitalization (yes/no)	10/10
Current episode social support (yes/no)	10/10
Current episode family support (yes/no)	10/10
Current episode community support (yes/no)	10/10
Current episode self-help (yes/no)	10/10
Current episode peer support (yes/no)	10/10
Current episode professional support (yes/no)	10/10
Current episode spiritual support (yes/no)	10/10
Current episode cultural support (yes/no)	10/10
Current episode religious support (yes/no)	10/10
Current episode ethical support (yes/no)	10/10
Current episode legal support (yes/no)	10/10
Current episode medical support (yes/no)	10/10
Current episode educational support (yes/no)	10/10
Current episode vocational support (yes/no)	10/10
Current episode financial support (yes/no)	10/10
Current episode housing support (yes/no)	10/10
Current episode food support (yes/no)	10/10
Current episode clothing support (yes/no)	10/10
Current episode transportation support (yes/no)	10/10
Current episode communication support (yes/no)	10/10
Current episode recreation support (yes/no)	10/10
Current episode culture support (yes/no)	10/10
Current episode religion support (yes/no)	10/10
Current episode ethics support (yes/no)	10/10
Current episode law support (yes/no)	10/10
Current episode medicine support (yes/no)	10/10
Current episode education support (yes/no)	10/10
Current episode vocational support (yes/no)	10/10
Current episode financial support (yes/no)	10/10
Current episode housing support (yes/no)	10/10
Current episode food support (yes/no)	10/10
Current episode clothing support (yes/no)	10/10
Current episode transportation support (yes/no)	10/10
Current episode communication support (yes/no)	10/10
Current episode recreation support (yes/no)	10/10
Current episode culture support (yes/no)	10/10
Current episode religion support (yes/no)	10/10
Current episode ethics support (yes/no)	10/10
Current episode law support (yes/no)	10/10
Current episode medicine support (yes/no)	10/10
Current episode education support (yes/no)	10/10
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Current episode clothing support (yes/no)	10/10
Current episode transportation support (yes/no)	10/10
Current episode communication support (yes/no)	10/10
Current episode recreation support (yes/no)	10/10
Current episode culture support (yes/no)	10/10
Current episode religion support (yes/no)	10/10
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Current episode housing support (yes/no)	10/10
Current episode food support (yes/no)	10/10
Current episode clothing support (yes/no)	10/10
Current episode transportation support (yes/no)	10/10
Current episode communication support (yes/no)	10/10
Current episode recreation support (yes/no)	10

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